



**MEIA
MARATONA
DO DOURO
VINHATEIRO**
**DOURO VALLEY HALF
MARATHON**

A Mais Bela
Corrida Do
Mundo

*The Most Beautiful
Race In The World*

**24
MAY
2026**



REGULATION



1. ORGANISATION AND RESPONSIBILITIES

1.1 ORGANISING ENTITY

The 19th Douro Valley Half Marathon is organised by GlobalSport – GSX Portugal Lda, headquartered at Rua Delminda Pinto Ribeiro, nº 17, 5050-346 Poiares – Peso da Régua, NIPC 514779012.

1.2 LOCATION

The event takes place in the Douro Valley region, a UNESCO World Heritage Site, covering the municipalities of Peso da Régua, Lamego and Armamar.

1.3 LEGAL FRAMEWORK

The event is duly licensed by the competent authorities and complies with all applicable legislation concerning sports events, safety and data protection.

2. MODALIDADES E CATEGORIAS

2.1 MODALIDADES DISPONÍVEIS

2.1.1 Half Marathon (21,097 km)

- Eligible participants: Born in 2008 or earlier (minimum age of 18 on the day of the race)
- Nature: Competitive, with official timing
- Time limit: 3 hours
- Certification: Certified course by the Portuguese Athletics Federation



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2.1.2 Walk (5 km)

- Eligible participants: All ages
- Nature: Non-competitive, recreational
- Requirement: Use of the official event t-shirt
- Timing: Not applicable

2.2 AGE GROUPS (HALF MARATHON)

Age is calculated based on the year of birth, considering the event date (24 May 2026):

CATEGORY	MALE	FEMALE	AGE RANGE
Seniors	M	F	18-39 years
Veterans I	M40	F40	40-44 years
Veterans II	M45	F45	45-49 years
Veterans III	M50	F50	50-54 years
Veterans IV	M55	F55	55-59 years
Veterans V	M60	F60	60+ years

Note: To form a category, a minimum of 3 participants of the same gender is required at the starting line. Categories that are not formed will be integrated into the immediately preceding category.



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3. DATE, TIME AND DURATION

3.1 DATE AND TIME

- **Date:** 24 May 2026 (Sunday)
- **Half Marathon Start:** 09h00
- **Walk Start:** 09h20

3.2 TIME LIMIT

- **Half Marathon:** Maximum of 3 hours (ends at 12:00)
- **Walk:** Maximum of 3 hours (ends at 12:00)

3.3 REOPENING TO TRAFFIC

After the last organisational vehicle has passed, participants who remain on the course may continue at their own risk and must strictly comply with the Highway Code.





4. REGISTRATIONS

4.1 REGISTRATION PROCESS

- **Official platform:** <https://stopandgo.net/events/meia-maratona-do-douro-2026>
- **Confirmation:** Only after full payment
- **Proof of registration:** Available in the participant's personal area

4.2 DATA RESPONSIBILITY

The participant is fully responsible for the accuracy, truthfulness and authenticity of all data provided during registration. Incorrect data may result in disqualification. By completing the registration, the athlete freely and fully agrees to the Event Regulations.

4.3 PAYMENT CONDITIONS

4.3.1 Payment Deadlines

Payment must be made within the deadlines indicated on the platform. Failure to do so will result in the automatic cancellation of the registration.

4.3.2 Refund Policy

No refunds will be issued under any circumstances, except in the following situations:

- Event cancellation due to force majeure
- Payment after the deadline (subject to a €10 handling fee)



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4.3.3 Service Fees

- Data changes: €5 (until 24 March 2026)
- New registration after cancellation: €5
- Refund processing: €5

4.4 TRANSFERS AND ASSIGNMENTS

The transfer, reassignment or sale of bib numbers to third parties is strictly prohibited. Violation of this rule will result in:

- Immediate disqualification
- Ban from participating in future editions
- Annulment of obtained results

4.5 VIP BIBS

The organisers reserve the right to assign VIP bibs to invited athletes. Any athlete wishing to apply for a sub-elite bib for the half marathon must demonstrate, within the last three years, a personal best of under 1h15 (men) or 1h20 (women) within the past three years.

Proof must be submitted via email to info@globalsport.pt by 1 April 2026, with the subject line "Sub-elite Bib".





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5. PRICES

5.1 HALF MARATHON (21KM)

PERIOD	PRICE
01/10/2025 to 04/10/2025	24,90€
05/10/2025 to 28/02/2026	30,00€
01/03/2026 to 22/05/2026	35,00€

5.2 CAMINHADA SOLIDÁRIA (5KM)

PERIOD	PRICE
01/10/2025 to 04/10/2025	10,00€
05/10/2025 to 28/02/2026	12,00€
01/03/2026 to 22/05/2026	15,00€

5.3 SPECIAL CONDITIONS

- Participants up to 9 years old: €5.00 (walk only)
- Processing fees: Added to the listed prices
- Authorised partners: May offer special conditions

5.4 INVOICING

Invoices must be requested within 3 days after payment, via the registration platform.



6. PARTICIPATION KIT

6.1 KIT CONTENTS

- Bib with integrated timing chip (21k)
- Official technical event t-shirt
- Official Medal (21k)
- Promotional material from sponsors
- Event instructions and information

6.2 KIT COLLECTION

- Required documents: Proof of registration and photo identification
- Collection by third parties: Allowed upon presentation of the original proof of registration
- Location and dates: To be announced in due course on the official website

6.3 SIZE AVAILABILITY

In the event of the requested size being out of stock, an available alternative size will be offered.

6.4 PARTICIPANT OBLIGATIONS

It is mandatory to write on the back of the bib:

- Full name
- Emergency contact
- Relevant medical information (allergies, medication, special conditions)



7. TIMING AND CLASSIFICATIONS

7.1 TIMING SYSTEM

- Technology: RFID chip integrated into the bib
- Mandatory placement: Bib must be clearly visible on the front of the chest
- Checkpoints: Start, intermediate points and finish line
- Non-transferability: Each chip is personal and non-transferable

7.2 DISQUALIFICATIONS

Participants will be disqualified if they:

- Use another athlete's chip
- Use multiple chips
- Do not register at mandatory checkpoints
- Do not keep the bib visible throughout the race

7.3 RESULTS PUBLICATION

- Platform: <https://www.douro-half-marathon.com/>
- Timing: Provisional results available up to 2 hours after the event
- Changes: Possible upon verification of irregularities





8. SUPPLY STATIONS AND SERVICES

8.1 SUPPLY STATIONS (HALF MARATHON)

- 5 km: Water
- 10 km: Water and isotonic drink
- 15 km: Water and isotonic drink
- Finish: Water, isotonic drink and fruit

8.2 SUPPLY STATIONS (WALK)

- Intermediate point: Water
- Finish: Water and fruit

8.3 WEATHER ADJUSTMENTS

Stations may be reinforced or repositioned depending on weather conditions.

8.4 BAG DROP

- **Location:** Start/finish area
- **Mandatory identification:** Participant's bib
- **Responsibility:** The organisation is not responsible for valuables or fragile items

8.5 SHOWERS

Schedule and location to be announced on the official website.



9. MEDICAL ASSISTANCE AND SAFETY

9.1 MEDICAL COVERAGE

- Medical teams: Positioned along the course
- Ambulances: Specialised in sporting events
- Continuity: Referral to the National Health Service when necessary

9.2 SPORTS INSURANCE

- Mandatory coverage: All non-affiliated participants
- Activation: Mandatory notification to the organisation in the event of an incident
- Co-payment charges: Participant's responsibility; may be reimbursed by the insurer if the claim meets the required conditions

9.3 EVENT SECURITY

- Security forces: Police and local authorities
- Private security: Licensed and properly identified company
- Identified volunteers: Support and guidance for participants
- Mandatory cooperation: Participants must follow the instructions of the authorities

9.4 SAFETY RESTRICTIONS

The following are strictly prohibited:

- Unauthorised vehicles on the course
- Participation with bicycles, skates, or rollerblades
- Accompaniment by animals
- Use of equipment that compromises safety



10. PRIZES AND RECOGNITION

10.1 PARTICIPATION MEDALS

All Half Marathon participants who complete the course within the time limit will receive an official medal.

10.2 MONETARY PRIZES (HALF MARATHON)

10.2.1 Overall Classification

Prizes will be awarded to the top ten male and female finishers.

10.2.2 Age Groups

Prizes will be awarded to the top finishers in each age group (M/F40, M/F45, M/F50, M/F55, M/F60), provided at least 10 athletes of the same gender finish in the category.

10.3 TROPHIES

Trophies will be awarded to the top 3 male and female finishers in the overall classification, presented at the official ceremony.

10.4 AWARD CONDITIONS

- No cumulative prizes: Participants will receive the highest value prize only
- Claim deadline: 30 days after the event (mandatory form to be completed, available on the official event website – <https://www.douro-half-marathon.com/>)
- Documentation: Required for payment – invoice or self-employment receipt
- Taxation: Subject to current tax legislation



11. OFFICIATING AND APPEALS

11.1 RACE JURY

Responsibility of the Regional Arbitration Council of the Vila Real Athletics Association.

11.2 INFRACTIONS AND SANCTIONS

The following are considered infractions:

- Failure to check in at the start
- Not completing the full course
- Not wearing the bib visibly on the chest
- Falsifying registration details
- Using another participant's bib
- Running on pavements
- Intentionally obstructing other participants

11.3 APPEALS AND COMPLAINTS

- Deadline: 30 minutes after becoming aware of the results
- Method: In writing to the race jury, at the official location
- Deposit: €100 (refunded if the complaint is upheld)
- Location: Official event race office

12. ANTI-DOPING CONTROL

Participants may be subject to anti-doping control in accordance with the regulations of the Portuguese Anti-Doping Authority (ADoP) and World Athletics.



13. DATA PROTECTION AND RESPONSIBILITIES

13.1 DATA CONTROLLER

GSX Portugal Lda, Rua Delminda Pinto Ribeiro, n° 17, 5050-346 Poiares – Peso da Régua.

13.2 PURPOSES OF DATA PROCESSING

- Management of registrations and participation
- Preparation of rankings
- Activation of mandatory insurance policies
- Marketing and communication

13.3 PARTICIPANTS' RIGHTS

Right to access, rectification, erasure, portability and objection may be exercised via: info@globalsport.pt.

13.4 DISCLOSURE TO THIRD PARTIES

Data may be disclosed to:

- Insurance companies (mandatory)
- Marketing partners (with consent)
- Competent authorities (when legally required)

13.5 DECLARATION OF RESPONSIBILITY

By registering, the participant declares:

- To be in suitable physical condition
- To release the organisation from liability for accidents
- To authorise the use of their image and data for promotional purposes
- To fully accept these regulations



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UPON COMPLETING REGISTRATION, THE PARTICIPANT DECLARES:

"I am in excellent health to participate in the Douro Valley Half Marathon 2026. I release the organisation, sponsors, and other participating institutions from all responsibility in the event of any accident or injury I may suffer before, during and/or after the sporting event, hereby waiving any legal action against any of the aforementioned entities. During the race, I will contribute as much as possible to the Organisation to prevent personal accidents. I also authorise the Organisation to use photos, videos and any other type of audiovisual material in which I appear, accepting the publication of my name in the race results, in the media and/or on the internet, without expecting any payment, compensation or reward for this purpose."

13.6 MEDICAL RECOMMENDATIONS

The organisation strongly recommends a prior medical assessment, especially for participants over the age of 35 or those with a history of cardiovascular problems.

14. CANCELLATION AND FORCE MAJEURE

14.1 GROUNDS FOR CANCELLATION

The event may be cancelled due to:

- Natural disasters
- Government restrictions
- Inaccessibility of roadways
- Strikes or protests
- Other force majeure situations



14.2 PROCEDURES

In the event of cancellation, the organisation will issue a decision within 30 days regarding the measures to be adopted, which may include:

- Rescheduling of the event
- Partial or full refund
- Transfer to the following edition

15. FINAL PROVISIONS

15.1 UNFORESEEN CASES

Situations not covered by this regulation will be resolved in accordance with:

1. General Competition Regulations of the Portuguese Athletics Federation
2. World Athletics Regulations
3. The decision of the organisation

15.2 AMENDMENTS TO THE REGULATION

The organisation reserves the right to amend this regulation for safety, technical or legal reasons, with prior notice to participants.

15.3 OFFICIAL LANGUAGE

This regulation is written in Portuguese. In the event of a translation, the Portuguese version shall always prevail.

15.4 JURISDICTION

For the resolution of disputes, the Court of Vila Real shall have jurisdiction.



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16. OFFICIAL CONTACTS

ORGANISATION: GLOBALSPORT – GSX PORTUGAL LDA.

Address: Rua Delminda Pinto Ribeiro, nº 17
5050-346 Poiares – Peso da Régua

- **Email:** info@globalsport.pt
- **Website:** <https://www.douro-half-marathon.com/>
- **Registrations:** <https://stopandgo.net/events/meia-maratona-do-douro-2026>

This regulation comes into force on the date of its publication and remains valid until the event takes place.

Date of Publication: August 2025

Approved by: Management of GlobalSport – GSX Portugal Unip. Lda

DOURO



MEIA MARATONA do DOURO VINHATEIRO
A MAIS BELA CORRIDA DO MUNDO
24.05.2026